

www.cardiorenal2019.gr

11th Symposium

Cardiovascular Disease and Renal Dysfunction 2019

with international participation

Saturday

January 19, 2019

Eugenides Foundation,
Athens, Greece

Workshop

Diabetes mellitus
in the era of integrated
cardiovascular
and renal care

Friday

January 18, 2019

Under the auspices of:



University of Athens,
Medical School, Athens, Greece

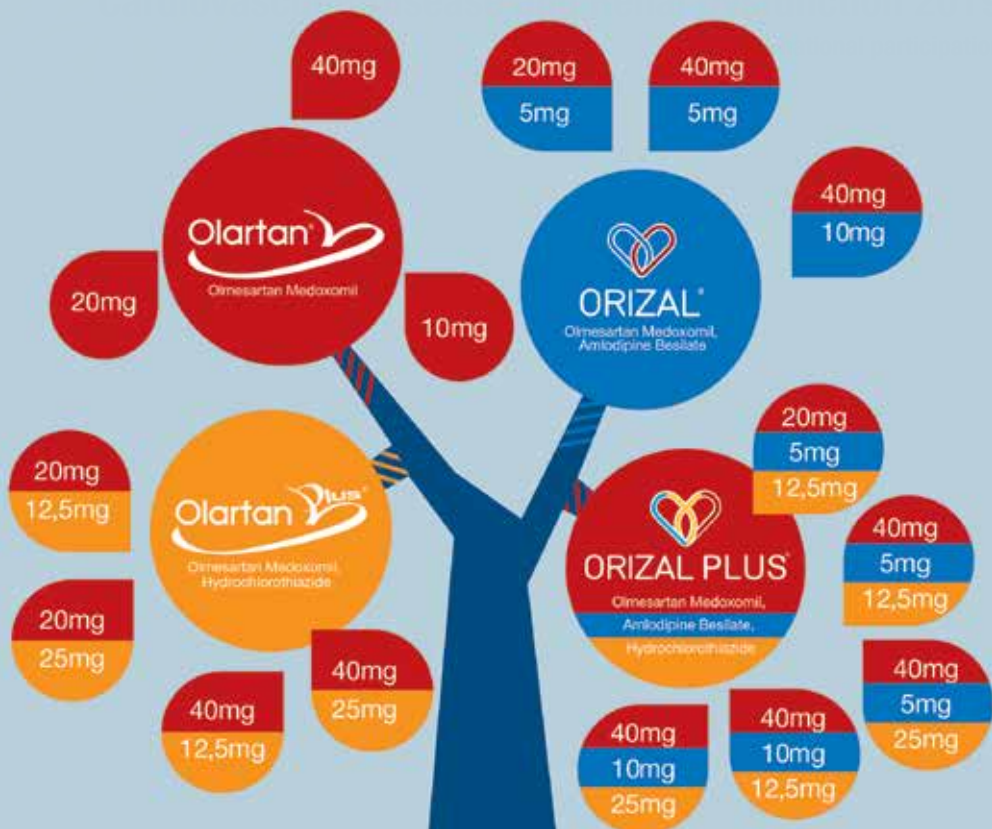


ΕΛΛΗΝΙΚΗ ΚΑΡΔΙΟΛΟΓΙΚΗ ΕΤΑΙΡΕΙΑ
HELLENIC CARDIOLOGICAL SOCIETY



European
Society of
Hypertension

Program



Περαιτέρω πληροφορίες διατίθενται από τον κάτοχο της άδειας κυκλοφορίας κατόπιν αιτήσεως.



Menarini Hellas

Menarini Hellas A.E. - Av. Δαμβέργη 7, 104 45 Αθήνα, Τ.: 210 8316111-13,
F.: 210 8317343, info@menarini.gr, www.menarini.gr

Dear Colleagues,

I cordially welcome you to the 11th Symposium on “**Cardiovascular Disease and Renal Dysfunction 2019**” with international participation, which is held in Athens, at the Eugenides Foundation, on January 18-19, 2019.

The Symposium “Cardiovascular Disease and Renal Dysfunction 2019” is an effort to enhance the interchange of emerging new information on pathophysiological and clinical interrelationships between kidneys, the heart and the vasculature.

During the Symposium we will have the opportunity to attend Sessions with the participation of world experts, who are pioneers in the field of cardiovascular research. Through Round Table discussions and Debates, the Symposium offers an outstanding Scientific Program, featuring both state-of-the-art knowledge and innovative approaches of the patient with renal impairment and cardiovascular disease.

We anticipate that this Symposium will be valuable in terms of both everyday clinical practice and advanced research.

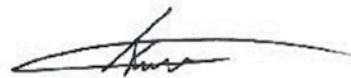
We look forward to providing you with the famous Greek hospitality, in what promises to be an exciting scientific event.

Sincerely,



Dimitrios Tousoulis

Chairman of the Organizing Committee
Professor of Cardiology
Director, 1st Department of Cardiology
Athens University Medical School
“Hippokration” Hospital, Athens, Greece



Konstantinos Tsioufis

Co-Chairman of the Organizing Committee
Professor of Cardiology
1st Department of Cardiology
Athens University Medical School
“Hippokration” Hospital, Athens, Greece
President of H.C.S.
President of E.S.H.

Symposium Chairman:

Dimitrios Tousoulis

Professor of Cardiology, Director of the 1st Department of Cardiology, Athens University Medical School, "Hippokration" Hospital, Athens, Greece

Symposium Co-Chairman:

Konstantinos Tsioufis

Professor of Cardiology,
1st Department of Cardiology,
Athens University Medical School,
"Hippokration" Hospital, Athens, Greece
President of H.C.S.
President of E.S.H.

International Invited Faculty

Bakris George

Professor of Medicine, University of Chicago Hospitals,
Director of Hypertension Diseases Unit, Chicago IL, USA

Papademetriou Vassilios

Professor of Medicine (Cardiology), Georgetown University, Director Interventional Hypertension and Vascular Medicine Program, VA Medical Center, Washington DC, USA

Zoccali Carmine

Professor Scientific Coordinator, CNR-IFC (National Research Council of ITALY) "Clinical Epidemiology and Pathophysiology of Renal Diseases and Hypertension", Reggio Cal. ITALY

General Information

Scientific Secretariat

1st Department of Cardiology, Athens University Medical School

“Hippokration” Hospital

114, Vas. Sofias Ave., GR 115 27 Athens, Greece

Tel.: +30 213 20 88 099, Fax: +30 213 20 88 676

E-mail: ktsioufis@hippocratio.gr, Web-site: www.cardiorenal2019.gr

Organizing Secretariat

THE MASTERMIND GROUP

26, Marathonomahon Str., GR 151 24 Maroussi, Greece

Tel.: +30 210 68 27 405, Fax: +30 210 68 27 409

E-mail: mbriki@tmg.gr, Web-site: www.tmg.gr

Symposium Date

January 18-19, 2019

Symposium Venue

Eugenides Foundation

387, Syggrou Ave., GR 175 64 Athens, Greece

Tel.: +30 210 94 69 600, Fax: +30 210 94 17 372

Registration

Registration to the Symposium is free.

Official Language

The official languages of the Symposium are greek and english.

Certificate of Attendance

All registered participants will receive a Certificate of Attendance from the Symposium Secretariat, after the end of the Scientific Program.

Accreditation

The Symposium is accredited by the Greek Medical Association for **12 hours of External CME Credits**.

Workshop

Diabetes mellitus in the era of integrated cardiovascular and renal care

Friday, January 18th, 2019

14.00-14.30 **Registrations**

14.30-16.00 **Introduction: The best article of 2018 on diabetes mellitus related to:**

Chairmen: K. Aggeli, S. Foussas, A. Pittaras

Orthostatic hypotension

N. Magkas

Hypertriglyceridemia

K. Massoura

Diabetic cardiomyopathy

V. Katsi

Atrial fibrillation

A. Kordalis

Detection of ischemia in the asymptomatic diabetic patient

K. Kintis

Revascularization of a diabetic patient with multi-vessel disease

D. Syrseloudis

Cardiovascular benefits associated with SGLT2

E. Andrikou

Renal denervation in hypertension

D. Konstantinidis

Comments-Discussion: K. Trahanas, M. Divani, I. Karapati, D. Papoutsis,

A. Aggelis, A. Papanikolaou, C. Georgakopoulos, I. Andrikou

16.00-17.00 **Daily practice issues needing further clarification**

Chairmen: T. Makris, I. Oikonomidis

The meaning of fasting glucose, postprandial glucose and glycosylated hemoglobin in:

Diagnosis of diabetes mellitus: E. Chatziaggelaki

Monitoring of diabetes mellitus: A. Thanopoulou

Comments: I. Kyriazis, M. Noutsou

Blood Pressure targets should be different in diabetics and non-diabetics

Pro: C. Grassos

Contra: D. Papadopoulos

Comments: M. Kallistratos

Workshop

Diabetes mellitus in the era of integrated cardiovascular and renal care

Friday, January 18th, 2019

17.00-17.30 **Satellite Lecture**

17.30-18.00 **Intermission - Coffee break**

18.00-18.30 **Satellite Lecture**

18.30-19.30 **Meet the experts**

Chairmen: **G. Dimitriadis, N. Tentolouris**

Pathophysiology of Type 2 diabetes mellitus

I. Ioannidis

Glucose fluctuations and cardiovascular risk

K. Makrylakis

Clinical studies of diabetes mellitus. There is cardiovascular benefit by glucose control

A. Melidonis

Technology and diabetes mellitus control

N. Papanas

Comments: S. Pappas, A. Alaveras

19.30-20.30 **Round Table: «Collaboration between the Cardiologist and the Diabetologist from A to Z»**

Chairmen: **P. Chalvatsiotis, A. Kokkinos**

When should the cardiologist refer the diabetic patient to the diabetologist

I. Sanidas

When should the diabetologist refer the diabetic patient to the cardiologist

V. Lambadiari

When the diabetic patient should be referred to the nephrologist

G. Tsouka

Statins and diabetes mellitus

C. Vlachopoulos

Comments: F. Lagiou, A. Lepouras, K. Damianaki, I. Skoumas

Saturday, January 19th, 2019

08.25-08.30 **Welcome address**

D. Tousoulis, Chairman of the Symposium

K. Tsioufis, Co-Chairman of the Symposium

08.30-09.45 **Round Table: "Collaboration of Cardiologist-Nephrologist in the Cardiac Intensive Care Unit"**

Chairmen: D. Alexopoulos, D. Goumenos

Acute cardiorenal dysfunction

I. Parisis

Other clinical conditions that cause kidney problems in Cardiac Intensive Care Unit patients

N. Damelou

Early nephrologist consultation for patients in the Cardiac Intensive Care Unit

M. Papisotiriou

Treatment of patients with acute renal failure in the Cardiac Intensive Care Unit

D. Petras

Comments: M. Sonikian, N. Karavidas, G. Latsios, N. Kafkas

Discussion with the audience

09.45-10.40 **Lectures**

Chairmen: G. Filippatos, P. Pasadakis

Worsening renal function during diuretic treatment in ADHF

F. Triposkiadis

Status of ECMO in 2019

A. Karabinis

Uric acid and chronic kidney disease

I. Stefanidis

10.40 -11.00 **Intermission - Coffee break**

Saturday, January 19th, 2019**11.00-12.30 Special Session: "The Hellenic cardio-renal community meets the experts"**

Coordinators: I. Boletis, D. Tousoulis, K. Tsioufis

Potassium binders to optimize CV risk reduction in advanced CKD

G. Bakris

Seasonal blood pressure variations. Clinical relevance

V. Papademetriou

Innate immunity and cardiovascular and renal outcomes in chronic kidney disease

C. Zoccali

Nephroprotective properties of SGLT-2 inhibitors

D. Vlachakos

Panelists: M. Doumas, K. Thomopoulos, A. Manolis, G. Stergiou

Discussion with the audience

12.30-13.00 Satellite Lecture**13.00-13.30 Satellite Lecture****13.30-14.45 Round Table: "Antithrombotic therapy in patients with cardiovascular disease: What the guidelines recommend, what is our clinical practice?"**

Chairmen: E. Iliodromitis, I. Goudevenos, A. Spanos

Anticoagulation in CKD with atrial fibrillation

V. Vasilikos

Atrial fibrillation in dialysis - Anticoagulation: Yes or no?

P. Sarafidis

Antiplatelet treatment after ACS and GFR <30

D. Tziakas

Triple or double antithrombotic strategy in a patient with ACS and Atrial Fibrillation

J. Kanakakis

Antiplatelet or antithrombotic therapy in patients with Peripheral Arterial disease

S. Patsilinakos

Comments: P. Dilaveris, L. Poulimenos, A. Dalianis, G. Katsimagklis,

F. Sigala

14.45-15.15 Lunch Break

Saturday, January 19th, 2019**15.15-16.15 Common dilemmas in the management of elderly patients with renal dysfunction**

Chairmen: N. Zakopoulos, I. Kallikazaros, E. Tsiamis

Hypertension: How low the blood pressure targets and which drugs

K. Dimitriadis

What is the role of ambulatory blood pressure monitoring and blood pressure variability

E. Manios

Comments: M. Papavasiliou, H. Triantafyllidi

Aortic valve stenosis. TAVI for all?

K. Toutouzas

3 vessels Coronary Artery Disease. PCI for all?

P. Davlourous

Surgeon's view: N. Baikoussis, G. Pattakos, A. Antoniou, D. Nikas, D. Iliopoulos

Discussion with the audience

16.15-17.15 Round Table: "Patient with cardio-renal disease and comorbidities. What should the cardiologist know?"

Chairmen: D. Boumbas, C. Stefanadis

New therapies in patients with systemic autoimmune diseases

D. Vasilopoulos

About use of b-blocker/beta agonists in COPD

S. Loukidis

Catheter related blood stream infections (BSI) in patients with cardiorenal disease

M. Psychogiou

The importance of LDL-C. When the PCSK9 inhibitors can make the «clinical» difference?

D. Richter

Comments: P. Stougianos, K. Aznaouridis, G. Lazaros, A. Androulakis

17.15-17.30 Intermission - Coffee break

Saturday, January 19th, 201917.30-19.00 **Round Table: "Hot issues in the cardiorenal patient explained by experts" (I)**

Chairmen: Ant. Manolis, T. Apostolou, I. Paraskevaïdis

Hyponatremia and water balance disorders

G. Giamouzis

Diuretics: From mechanisms of action to therapeutic use

G. Gianakoulas

In which type of patients with systolic heart failure the combination of sacubtril/valsartan is not recommended?

C. Chrysohoou

Anemia therapy. Advices and methods

V. Bistola

The epidemic of Vitamin D deficiency

A. Aggelousi

Comments - discussion: V. Dardioti, D. Terentes, A. Kitsiou,

M. Drakopoulou

19.00-20.00 **Round Table: "Hot issues in the cardiorenal patient explained by experts" (II)**

Chairmen: C. Karvounis, E. Vavouranakis, A. Trikas

Cardiovascular risk post renal transplantation

S. Marinaki

Preeclampsia and cardiovascular risk

K. Papagianni

Extra ventricular systole activity

K. Gatzoulis

Antineoplastic drugs

D. Farmakis

Comments - Discussion: E. Oikonomou, S. Brili, D. Tsiachris, S. Sideris

20.15

Conclusion

K. Tsioufis